

Aspen Alps Health Spa & Fitness Center



MENU

Aspen Alps

We are open 7 days a week in season from 8:00 AM – 8:00 PM
Please call to check availability at (970) 925-8114 or book an appointment.

MASSAGES

	55MIN/\$180
Swedish Massage	75MIN/\$220
Therapeutic Deep Tissue	85MIN/\$235
Lomi Lomi	115MIN/\$300
Stretch massage - can be combined with Deep Tissue or Sports Massage	

SPECIALTY MASSAGE 55MIN/\$180

Prenatal Massage	85MIN/\$235
Craniosacral Therapy	
Hot Stone Massage	85MIN/\$250

MASSAGE ENRICHMENTS

Customize your spa experience with one of our enhancements. These can be to any massage	
CBD Oil	\$50
Butter Bar Aromatherapy; your choice of one of our essential oils	\$30
Warm Stones or Arnica Muscle Relief	\$30
Reflexology or Scalp Massage	30MIN \$95

Please call 970-925-8114 to make advanced reservations. Cancellations must be made 24 hours prior to your spa reservation to avoid the full charge of the appointment. Hours and prices subject to change seasonally. In Room Massages are available at an additional cost, and only for guests or owners staying at the Aspen Alps.

PRIVATE TRAINING & PILATES

Private Fitness Training and/ or Pilates by Rosey Murphy.
Contact her at 970-948-2661

GYM MEMBERSHIPS

DAY PASS	\$50
WEEK	\$125
MONTH	\$250
YEAR	CALL TO ASK

CHIROPRACTOR

Chiropractic Treatments - Laser Therapy
Call Dr. Jenn Drake at 970-205-9330 to schedule an appointment or for more information.

ESTHETICIAN

Hydra Facials – Traditional Facials
Waxing – Make Up – Blow Out – Styling
Contact Elizabeth McGuire at 970-379-2015 to schedule an appointment.

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